the affordable care act, otherwise known as obamacare, requires insurance companies in 2014 to offer new
categories of health insurance plans to consumers: bronze, silver, gold, and platinum

ever want to make nut butters at home? is so, a powerful blender like the vitamix can be used to grind up nuts
and other solid ingredients that would destroy lesser powered blenders

a major food poisoning outbreak is suspected when many people develop the same symptoms of food
poisoning within a short time or within the same geographic area

product which provides a cure it does not need any therapy, injections or any other intrusive cosmetic